



Barbie™

Fun to Cook

Great
Recipes,
Step by Step



Barbie™

Fun to Cook



A Dorling Kindersley Book

Dorling  Kindersley

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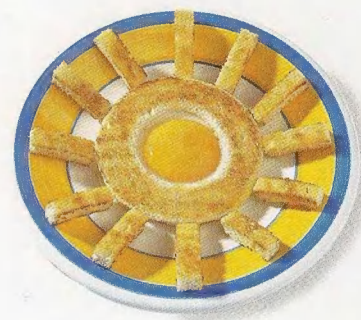
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Getting Ready to Cook!

I love cooking and it's easy when you know how! For each recipe inside, there are pictures of all the things you will need, from ingredients to kitchen tools as well as clear step-by-step guides to follow. Don't forget to ask an adult to help whenever you see the (!) symbol. Let's start!

Kitchen rules

It's important to follow these rules, every time you cook.



1 Be careful with sharp knives. Use a chopping board and keep fingers away from the blade.



2 Wear oven mitts to protect your hands if picking up hot things or using the oven or stovetop.



3 When you are using the top of the stove, turn the saucepan handles to the side, so you do not knock them over.



4 When you take hot things out of the oven, put them on a wooden board, not straight onto the work surface.





5 Always wear an apron, tie back long hair, and wash your hands.



6 Read the recipe carefully and check you have all the things you need.



7 Collect the ingredients you will need. Measure them carefully.

Tips on how to use this book:

If using the oven or broiler, look here to find the temperature. Remember to turn the oven or broiler on 20 minutes before you need them (preheating).

Words in *italic* type are explained more fully on page 48.

Look at this part of the page to find out how long the recipe will take to make.



Set the oven to 350°F/180°C

Chunky Chocolate Cookies

If you really love chocolate then these cookies are just the treat for you! They are made with great big chunks of chocolate so they taste extra yummy. Take plenty to school in your lunchbox, because all your friends are sure to want one!

To make about 20 cookies you will need . . .

1 egg, beaten
8 tablespoons/100 g softened butter
1½ cups/150 g all-purpose flour
½ cup/75 g light brown sugar
¼ cup/50 g sugar
½ teaspoon salt
¼ teaspoon baking soda
6 oz/150 g good quality semisweet chocolate
¼ teaspoon vanilla flavoring

Cook's tools

Chopping board
Baking sheet
Wire cooling rack
Wooden spoon
Palette knife
Scissors
Wax paper
Large mixing bowl (like a freezer bag)
2 teaspoons

Mmm, chocolate!



Great big chunks of chocolate!

Barbie says:

Try making these cookies with chunks of white or milk chocolate, too!



1 Preheat the oven. Break chocolate into squares and put into plastic bag. Place on a solid surface.



2 With a rolling pin, break the chocolate into chunks. Keep your fingers out of the way!



3 In a bowl, beat butter with all the sugar until creamy and smooth. Gradually beat in egg.



4 Beat in flour, salt, vanilla, and baking soda. Stir in the chocolate chunks.



5 Spoon mounds onto a baking sheet lined with wax paper. Leave plenty of space around each one.



6 Bake for 10-15 minutes or until golden. Take out of the oven and leave on the pan for five minutes to harden before moving to a wire rack to cool.

16

17

Quantities for each recipe are shown in both standard and metric measurements. Make sure you stick to using one set or the other, don't mix them up.

Each recipe includes a tip from Barbie. This might be a helpful hint or a suggestion on how to vary the taste or ingredients.

Look out for this symbol. It means you should ask an adult to help you with this part of the recipe.



A Fruity Feast

Here are two ideas for a fabulously fruity brunchtime treat, each using almost the same ingredients! Choose between a cool smoothie and a beautiful salad for a healthy, colorful kick-start to the day!

For a smoothie or a salad you will need . . .



3½ oz/100 ml pineapple juice
for a smoothie OR
2 tablespoons pineapple
chunks for a salad.



8 large strawberries



1 tablespoon
honey



1 ripe banana



3 tablespoons
plain yogurt



1 To make a smoothie or a salad, first use a sharp knife to cut all the fruit up into chunks.

Cook's tools



Chopping board



Large glass



Blender



Tablespoon

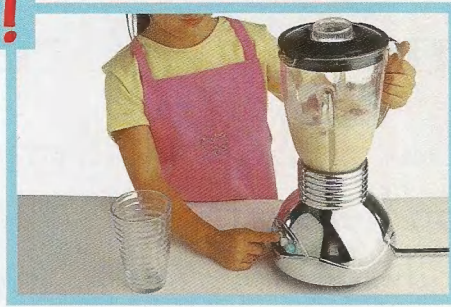


Sharp knife



2 To make a salad, mix the yogurt with the honey, and layer with fruit in a glass. Serve.





1 To make a smoothie, put the fruit chunks, pineapple juice, yogurt, and honey into a blender. Put the lid on firmly.

2 Now *blend* until the mixture is smooth and pour into a large glass. Drink right away!

Barbie says:
Try using other fruits like raspberries, blueberries, or mango!



**Fresh,
fruity
fun!**

You could decorate your salad with a tablespoon of granola or nuts.



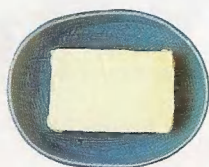
Sunshine Breakfast

Make this as a surprise for a special friend on her birthday, or on Mother's Day to show your mom how much you love her. It would make a lovely sunny surprise on a cold winter's day, too! Sometimes I just make it for myself though — I love to dip the toasty fingers into the creamy egg yolk. Mmm!

You will need . . .



2 slices of bread



$\frac{1}{2}$ teaspoon butter



1 egg

Cook's tools



Large cookie cutter



Small bowl



Sharp knife



Chopping board



Non-stick frying pan

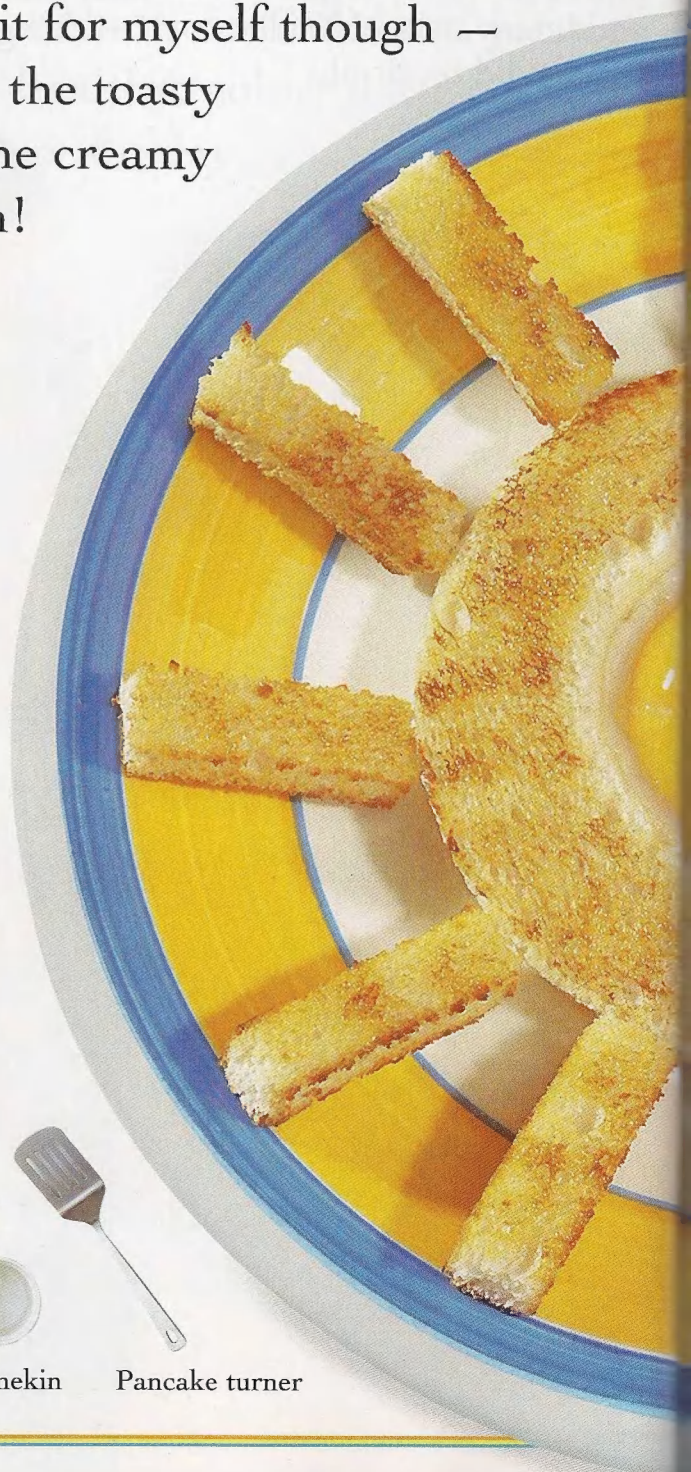


Ramekin



Pancake turner

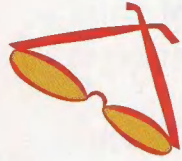
Barbie says:
When cooking your egg, keep the heat low so you don't burn the toast!



1 Use a bowl or saucer to cut a large circle from one slice of bread. With a cookie cutter, cut out a smaller circle inside.



Sunny side up!



2 Remove crusts from second slice of bread and cut into finger shapes.

Make sure the hole you make in the bread is big enough for the egg!



3 Melt the butter in a frying pan over a low heat. Fry the bread, turning over when golden.



4 Break the egg into a ramekin, then tip into hole in the bread. Fry gently until egg is cooked.

Lovely crunchy fingers – perfect for dipping!

Mini Muffins

Everybody loves muffins!

Now you can impress your friends and family by making delicious fruity muffins yourself. They are so easy and quick to make, soon you will be experimenting with different flavors! Muffins taste great eaten warm from the oven, maybe with butter or a spoonful of sour cream.



To make about 20 you will need . . .



4 tablespoons/
50 g butter



$\frac{2}{3}$ cup/150 ml
milk



2 cups/200 g
all-purpose
flour



$\frac{3}{4}$ cup/150 g
sugar



2 teaspoons
baking powder



$\frac{1}{2}$ teaspoon
salt



1 egg, *beaten*



4 oz/100 g blueberries or raspberries

Cook's tools



Large mixing bowl



Saucepan



Sieve



Measuring
cup



Two
teaspoons



Wooden spoon



2 x 12 hole
muffin pans



Paper liners



Wire cooling rack



1 Preheat the oven. Melt butter in pan over a low heat. Remove from stove and stir in milk and egg.



2 Sift flour, baking powder, and salt into a mixing bowl. Stir in the sugar and fruit.

Barbie says:

When your muffins are cooked, leave them in the pan to cool down a little so you don't burn yourself!



3 Carefully add melted butter, milk, and egg mixture to the flour, sugar, and fruit mixture.



4 Now mix everything together quickly and gently. Don't worry if the mixture looks lumpy.



5 Using two teaspoons, transfer the mixture to muffin pans that you have lined with paper liners.



Yum, what fun!



6 Bake for about 20 minutes or until golden and well risen. Allow to cool in tin, then move to a wire rack.



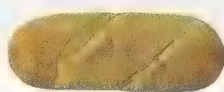


Sandwich Stack

One of these fabulous sandwiches is just what you need in your lunchbox to keep you going during a busy day! As well as trying the ideas below, experiment with different breads such as wholewheat or rye. The fillings taste great on crackers, too!

You will need . . .

For a Turkey and Tomato Sub:



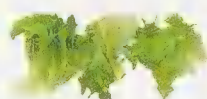
1 submarine roll



2 or 3 slices of turkey



3 slices of tomato



2 or 3 lettuce leaves



2 or 3 slices of cheese

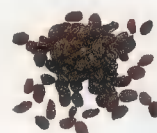


1 tablespoon mayonnaise

For a Cream Cheese and Nut Life Preserver:



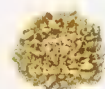
1 bagel



1 tablespoon raisins



1 apple, cored and *chopped*



1 tablespoon *chopped* nuts

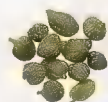


2 tablespoons cream cheese

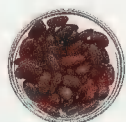
For a Tuna Pita Pocket:



1 pita pocket



1 teaspoon capers



2 tablespoons canned kidney beans

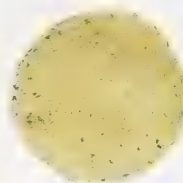


3 tablespoons canned tuna fish



1 tablespoon canned corn

For a Mexican Wrap:



1 flour tortilla



6 to 8 strips of pepper (any)



1 tablespoon sour cream



2 or 3 lettuce leaves



1 teaspoon black or green olives, sliced

Cook's tools



Sharp knife



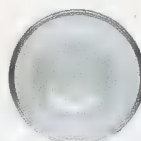
Table knife



Tablespoon



Teaspoon



Small mixing bowl



Chopping board

Toothpicks (optional)

Barbie says:

Knives can be dangerous. Ask an adult to help you cut bread.



Turkey and Tomato Sub

Spread the bottom of your sub with mayonnaise



Layer the lettuce, turkey, tomato, and cheese inside

Tuna Pita Pocket



Mix all ingredients together and fill pocket!

Can't wait 'til lunch time!

Cream Cheese and Nut Life Preserver

Using a toothpick to hold your wrap together looks very stylish, but take it out before you start to eat!



Mix all ingredients together and spoon onto bagel

Mexican Wrap

Layer lettuce, pepper, and olive slices along the middle of the flat tortilla



Top with sour cream. Roll over one edge, then the other. Cut in half.

Favorite Aprinana Cake

Apricots and bananas taste really great together! I like to bake this cake on the weekend and put slices in Skipper's lunchbox for her to share with friends at school.

It's full of good things, and will fill you up until suppertime!

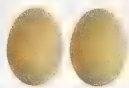
Barbie says:

Try using some *chopped* nuts or dried cranberries instead of apricots!

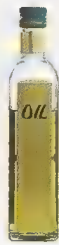
You will need . . .



8 tablespoons/
100 g butter



2 eggs,
beaten



A little oil
for greasing



2 cups/200 g
all-purpose
flour



1 cup/100 g light
brown sugar (plus
2 tablespoons for
topping – optional)



Zest of ½
a lemon



1 teaspoon
baking
powder



½ teaspoon
salt



2 oz/50 g dried
apricots, *chopped*



3 ripe bananas,
crushed



1 Preheat oven. Grease pan and line with a strip of wax paper the same width but twice the length of pan.

Cook's tools



An 8 x 4 x 3 inch
loaf pan



Wax paper



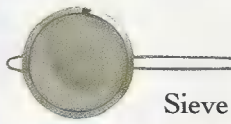
Scissors



Wire cooling rack



Chopping board



Sieve



Tablespoon



Large
mixing bowl



Wooden spoon



Sharp knife



Grater



Brush

For the topping (optional):

Handful
of dried
banana
slices



2 tablespoons honey



2 Put butter, sugar, and zest (see tip box on page 20) into a bowl and *beat* well. Gradually *beat* in eggs.



3 Sift the flour, baking powder, and salt into the mixture. *Beat* well. Stir in the apricots and bananas. Spoon into pan. Bake for one hour.

4 For topping: at the end of cooking time, spoon the honey over the cake, and scatter over dried bananas. Sprinkle with brown sugar and cook for another ten minutes.

5 Remove from oven and leave to cool in pan for ten minutes. Now, hold the ends of the paper and move cake to wire rack until cold.



<http://kuharka.ru/>

Set the oven to 350°F/180°C

Chunky Chocolate Cookies

If you really love chocolate then these cookies are just the treat for you! They are made with great big chunks of chocolate so they taste extra yummy. Take plenty to school in your lunchbox, because all your friends are sure to want one!

To make about 20 cookies you will need . . .



1 egg,
beaten



8 tablespoons/
100 g softened
butter



1½ cups/150 g
all-purpose
flour



½ cup/75 g
light brown
sugar



¼ cup/50 g
sugar



½ teaspoon
salt



½ teaspoon
baking soda



6 oz/150 g good quality
semisweet chocolate



½ teaspoon
vanilla flavoring

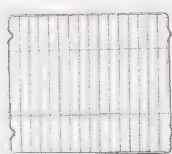
Cook's tools



Chopping board



Baking sheet



Wire cooling rack



Wooden spoon



Palette
knife



Wax paper



Large mixing
bowl



Plastic bag
(like a freezer bag)



Scissors



2 teaspoons



Rolling pin

Mmm, chocolate!



1 Preheat the oven. Break chocolate into squares and put into plastic bag. Place on a solid surface.



2 With a rolling pin, break the chocolate into chunks. Keep your fingers out of the way!



3 In a bowl, *beat* butter with all the sugar until creamy and smooth. Gradually *beat* in egg.



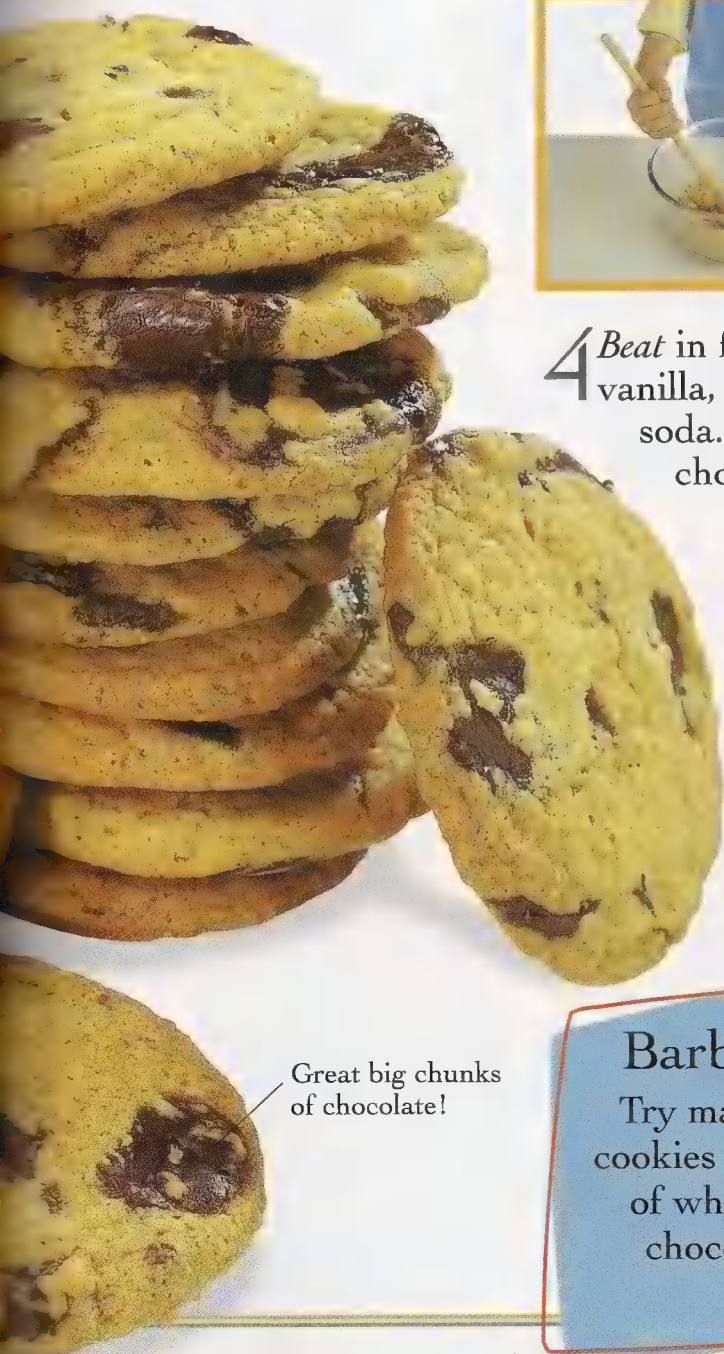
4 *Beat* in flour, salt, vanilla, and baking soda. Now stir in chocolate chunks.



5 Spoon mounds onto a baking sheet lined with wax paper. Leave plenty of space around each one.



6 Bake for 10-15 minutes or until golden. Take out of the oven and leave on the pan for five minutes to harden, before moving to a wire rack to cool.



Great big chunks of chocolate!

Barbie says:
Try making these cookies with chunks of white or milk chocolate too!





Fruity Freezies

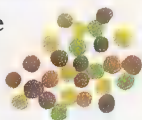
Have some of these in the freezer during the hot summer months for a cool after-school treat! They are easy to make but remember they will take a few hours to freeze before you can enjoy them! Creamy Freezies taste great with raspberry or banana yogurt, too. And try Chewy Freezies with pineapple or cranberry juice.

For 2 of each Freezie you will need . . .

For Chewy Freezies



Orange juice



Handful of fruit jelly beans

For Creamy Freezies



2 x 6 oz cartons of strawberry yogurt



8 strawberries

Cook's tools



2 plastic cups or yogurt containers



Chopping board



Teaspoon



Sharp knife



2 plastic teaspoons or wooden Popsicle sticks

Chewy Freezies



1 Line the bottom of each cup with a variety of your favorite colorful fruit jelly beans.



2 Half-fill with orange juice. Freeze for one hour or until slushy. Stand sticks or spoons in center.



3 Pop the Freezies back into the freezer for three hours. Remove cups and eat right away!

Barbie says:

Make pretty Freezies to serve at a party!

They are a special treat that can be made well in advance!

Creamy Freezies



1 Slice the strawberries. Layer in cups with the yogurt, tucking some slices down the sides.



2 Freeze for one hour or until slushy. Stand the sticks or spoons in the center. Freeze again.



3 The Freezies should be frozen after three hours. Remove cups and eat before they melt!

They're ^{so} Cool!



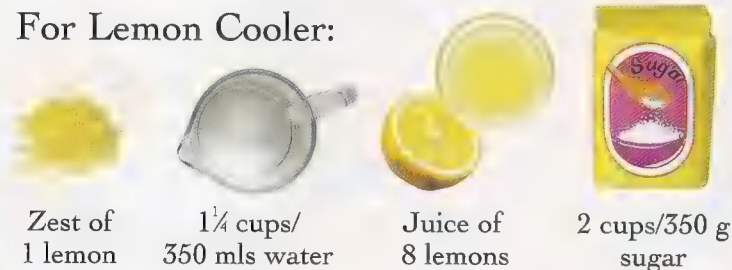
Lemon Cooler and Super Shakes



Here are two great ideas for sophisticated drinks. Lemon Cooler is delicious when you're really thirsty, while a Super Shake is rich and smooth, perfect for more dreamy-creamy days. Dilute the Lemon Cooler before you drink it, but gulp your shake straight up and right away!

You will need . . .

For Lemon Cooler:



Zest of
1 lemon

$\frac{1}{4}$ cups/
350 mls water

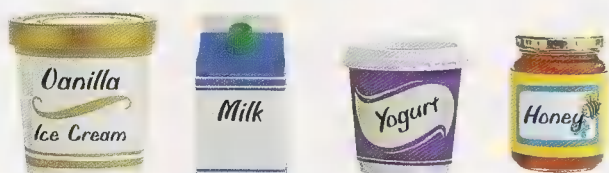
Juice of
8 lemons

2 cups/350 g
sugar

Barbie says:

For lemon zest, grate just the colored part of the skin on the finest part of a grater.

For 1 Super Shake:



1 tablespoon
vanilla ice
cream

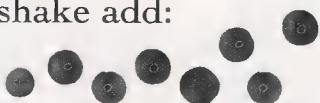
$\frac{2}{3}$ cup/
150 ml milk

3 tablespoons
plain yogurt

1 tablespoon
honey

For a blueberry shake add:

3 oz/75 g blueberries



For a banana shake add:

1 ripe banana,
cut into chunks



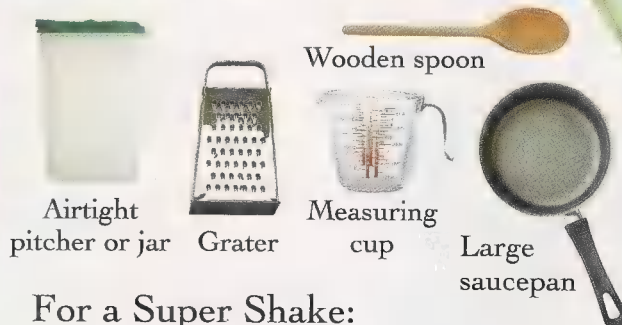
For a chocolate shake add:

1 heaped tablespoon chocolate drink mix



Cook's tools

For the Lemon Cooler:



For a Super Shake:



For the Lemon Cooler:



1 Put sugar, water, and lemon zest into a large saucepan. Stir over a low heat until sugar has melted.



2 Turn up heat and bring to a *boil*. Stir for five minutes then remove from heat and let it cool.



3 When mixture is almost cold, add the lemon juice, pour into an airtight jar, and chill.

For a Super Shake:



1 Put banana, blueberries, or chocolate drink mix into blender with other ingredients and *blend* until smooth.

Pour Lemon Cooler over ice and dilute (approx 1 part Cooler to 5 parts water)

Blueberry Super Shake

For an extra cool treat, put your glass in the freezer for ten minutes before pouring in the shake!

<http://kuharka.ru/>

Rainbow Snack Sticks

You can make a Snack Stick with anything that will fix on a skewer! Try crunchy vegetables, tasty fruit, or even chewy sweet treats! They look so pretty and the tasty dips make them even more tempting. Let your friends choose their favorite things to eat, and make their own colorful Snack Stick!



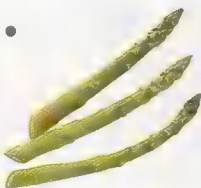
You could use ...



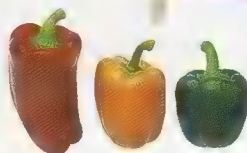
Basil leaves



Hard cheese



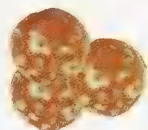
Asparagus, cooked



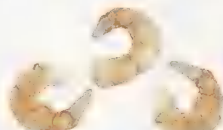
Peppers



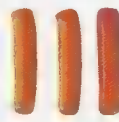
Cherry tomatoes



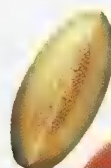
Pepperoni slices



Shrimp, cooked



Cocktail franks or sliced large ones



Chunks of cantaloupe



Mozzarella cheese



Olives, pitted



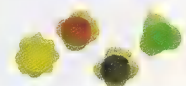
Mango



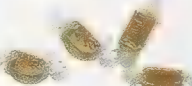
Strawberries



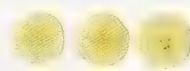
Marshmallows



Chewy sweets

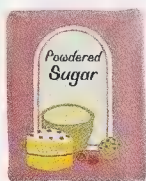


Fudge



Banana

For the sweet dip:

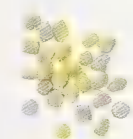


1 tablespoon powdered sugar

Handful of mini marshmallows



8 oz./200 g cream cheese

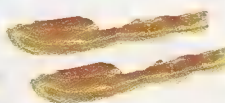


Juice of 1 orange

For the savory dip:



2 tablespoons mayonnaise



1 tablespoon sour cream

2 slices of bacon, grilled and crumbled



1 tomato, seeded and chopped

Cook's tools



Chopping board



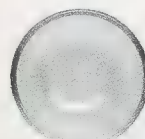
Wooden skewers



Sharp knife



Tablespoon



Small mixing bowl



Cookie cutters



1 Choose foods that will look and taste good together. Then cut them into chunks or shapes.

2 Now thread everything onto skewers. Combine them in a way that shows off colors and textures.

3 Make dip by mixing either all the savory ingredients together or all the sweet ones.

Looks like fun!



Try this for delicious savory dipping!

These bite-sized hot dogs taste great with crunchy pepper strips

Use cookie cutters to make great shapes from mozzarella cheese



This pretty dip is as sweet as you!

Make a traffic light stick from three types of canteloupe

For a very special snack, try shrimp, asparagus, and mango

Barbie says:
Skewers are sharp. It's best to take your snacks off their sticks before you eat them!



Set the oven to 325°F/170°C



Cute Cookies

Aren't these the prettiest cookies you've ever seen? They are perfect for a party and lots of fun to make. I have made a bouquet of flowers, but you could use any shaped cookie cutters. Decorating them is the best part — invite some friends over to help!

To make about 20 cookies you will need . . .



2 cups/200 g
all-purpose flour



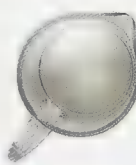
50 g/2 oz sugar



Pinch
of salt



2 cups/200 g
powdered
sugar



Warm
water



8 tablespoons/
100 g softened
butter



1 egg,
beaten

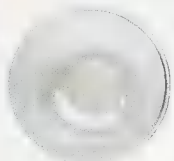


Drop of
vanilla
flavoring



Food coloring

Cook's tools



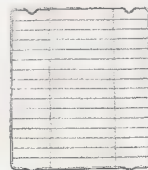
Large mixing
bowl



Fork



Teaspoon



Wire cooling
rack



Sieve



Rolling pin



Cookie cutters

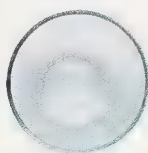


Baking sheet



Wax paper

For the icing you will need:



Medium
mixing
bowl



Wooden spoon



Spatula



Scissors



Toothpicks

Use a spatula
to spread
the icing



Colored sugar
crystals look great!

Barbie says:

Try lemon or orange cookies — add a pinch of lemon or orange zest to the mixture (see tip on page 20).



1 Preheat the oven.
Sift flour into a bowl. Add butter and rub in flour until mixture looks like fine breadcrumbs.



2 Stir in the sugar. Add the egg, a little at a time, stirring with a fork until the mixture sticks together.



3 Gather the mixture together and place on a floured surface. Sprinkle a little flour onto your rolling pin, too.

Use candies or colored sprinkles as decorations



4 Roll out to ¼ inch/5 mm thick and cut out shapes. Transfer to a baking sheet lined with wax paper.



5 Bake for 20-25 minutes. Remove from oven and, after five minutes, move to a wire rack until cold.

You could arrange green ribbon between your cookies to make a bouquet

Now make the icing...

Oh, so pretty!



1 Sift the powdered sugar into a bowl. Stir in water, a little at a time, to make a thick paste.



2 Add drops of food coloring, using a toothpick, until you have just the right color.



Set the oven to 350°F/180°C

Beautiful Birthday Cake

Birthdays are a time for parties, and this is the perfect cake for a celebration! Icing and decorating it is lots of fun — let your imagination run free!

Your cake will look so pretty you won't want to eat it, but luckily it tastes just as good as it looks!

You will need . . .

For the cake:



$\frac{3}{4}$ cup/150 g
softened butter
or margarine



3 tablespoons
strawberry or
raspberry jam



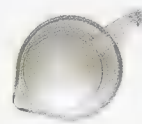
3 drops
vanilla
flavoring



$\frac{3}{4}$ cup/150 g
self-rising
flour, *sifted*



$\frac{3}{4}$ cup/
150 g sugar



2 tablespoons
warm water



1 teaspoon
baking powder



3 eggs, *beaten*

A little
oil for
greasing



For the icing:



$1\frac{1}{2}$ cups/
150 g powdered
sugar, *sifted*



Red food
coloring



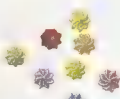
Warm
water

To decorate:

Colored
sprinkles



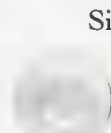
Candies



Cook's tools

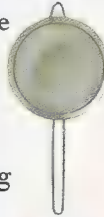


Large
mixing bowl



Small mixing
bowl

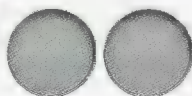
Sieve



Wax paper



Wire cooling
rack



2 x 8 inch round
cake pans



Wooden spoon



Brush



Tablespoon



Scissors



Spatula



Pencil

Barbie says:

If the cake mixture is too thick at stage 3, add a teaspoon of water and beat again.



1 Preheat oven. Grease pans. On wax paper, use the base of one pan to draw two circles. Cut out and place one in each pan.



2 Put all the cake ingredients (except the jam) in a large mixing bowl. *Beat* well with a wooden spoon.



3 When your mixture drops easily from the spoon, put half in the bottom of each pan. Level out the mixture.



4 Bake for 25 minutes or until cakes feel firm in the center and are golden brown.



5 Cool for five minutes, then slide knife around edges and move cakes to wire rack. Remove paper.



6 In a small bowl, stir jam to soften. When the cakes are cold, spread half on bottom of each.

Now make the icing on page 24 and decorate your cake.



Birthday girl!

You can buy icing in tubes to make flowers

Use a spatula to spread the icing

You could color ready-made icing and cut out shapes with cookie cutters



Sweet Dreams

You and your friends can have so much fun making these delicious treats! Nuts and fruit are good for you — and they taste great. For something extra-special why not try dipping little cookies or marshmallows into creamy white chocolate? Arrange your Sweet Dreams beautifully, so they look just as dreamy as they taste!

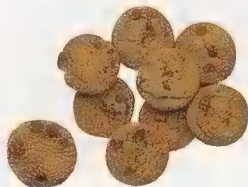
You could use . . .



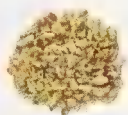
4 oz/100 g milk or semisweet chocolate



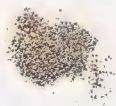
Cherries



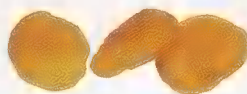
Little cookies



Chopped nuts



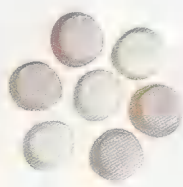
Colored sprinkles



Dried apricots



Strawberries



Marshmallows



Brazil nuts



Cook's tools



Wax paper



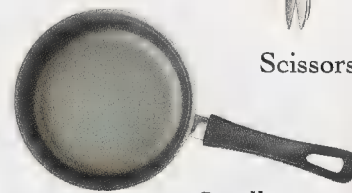
Large ovenproof bowl



Scissors



Baking sheet



Small saucepan



Wooden spoon

Barbie says:

For melted chocolate that is smooth and shiny, keep the heat low and try not to stir!



1 Break the chocolate into the ovenproof bowl. Small chunks will melt more easily.



2 Rest the bowl on top of a pan of *simmering* water (don't let it actually touch the water).



3 When the chocolate has melted, take the bowl off the heat, and stir gently once or twice.



4 Dip fruit, nuts, etc., halfway into chocolate and then into chopped nuts or sprinkles.

5 Lay Sweet Dreams on a baking sheet lined with wax paper. Leave to set in a cool place – but not the fridge – for an hour before taking off the wax paper and serving.

Wrap your Sweet Dreams in pretty paper and give them away as presents or party favors.

As sweet as you are!



Pick-up Pizzas





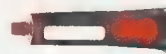
Everybody loves pizza! There are so many different toppings to try, and I love to test out new flavors on my friends. For a special occasion it's fun to make lots of different ones — they look so colorful and taste just great!

For 10 you will need . . .

For the crust:

-  ½ teaspoon mustard
-  ½ teaspoon baking powder
-  ½ teaspoon paprika
-  ¼ teaspoon salt
-  1 cup/100 g self-rising flour
-  1 oz/25 g Cheddar cheese, grated
-  1 egg, beaten
-  2 tablespoons/25 g softened butter
-  1 tablespoon milk


For the tomato sauce:

-  1 tablespoon/12 g butter
-  ½ teaspoon sugar
-  ½ an onion, chopped finely
-  ½ a 14oz/400 g can chopped tomatoes
-  1 teaspoon tomato purée

Ideas for toppings:

-  Mozzarella cheese
-  Peppers, sliced
-  Olives, sliced
-  Canned corn
-  Mushrooms, sliced
-  Asparagus, cooked
-  Pepperoni slices
-  Pineapple chunks
-  Ham, sliced
-  Red onion slices
-  3 oz/75 g Cheddar cheese, grated

Cook's tools

-  Grater
-  Large mixing bowl
-  Wax paper
-  Wooden spoon
-  Baking sheet
-  Rolling pin
-  Teaspoon
-  Saucepan
-  Spatula
-  Chopping board
-  Fork
-  Scissors
-  Sharp knife

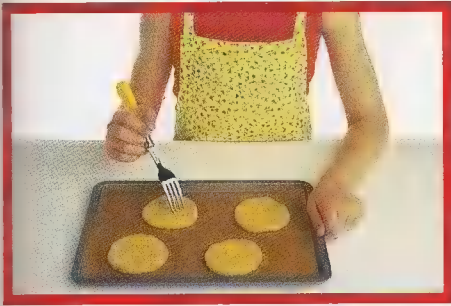


1 Preheat the oven. Put the crust ingredients in a bowl and *beat* well to form a dough.



2 Place dough on a floured surface. Divide into ten pieces. Roll each into a ball, then flatten.

Now make the tomato sauce:



3 Place rounds on a baking sheet lined with wax paper. Prick each crust with a fork.



4 Melt butter in a pan and cook onions until soft. Add all the other ingredients and *simmer*.



5 When the sauce has thickened, after about ten minutes, spread a little on each crust.

Now put the pizzas together:



6 Now lay on your choice of toppings, sprinkle on the cheese, and bake for 20 minutes until golden and bubbling.



Say
“cheese”!



Don't spread topping right to the edge of your pizza crust. If you leave a little gap they are easier to pick up!

Barbie says:

Use cookie cutters to make shapes from cheese and ham, then decorate your pizzas!

<http://kuharka.ru/>



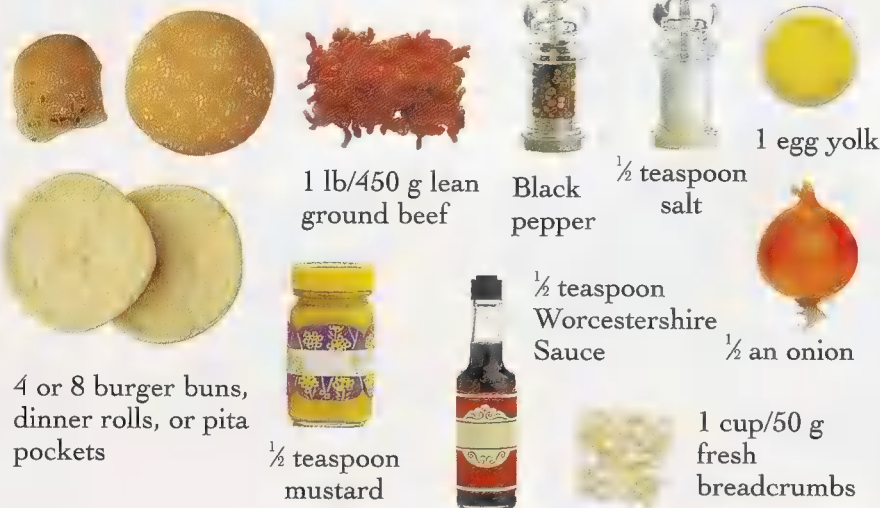
Turn the grill on to its highest setting



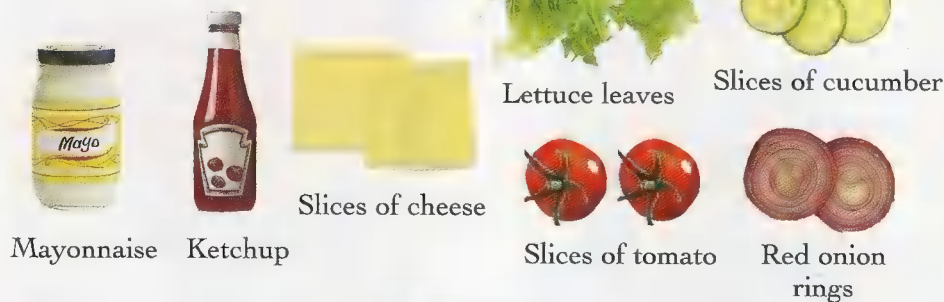
Burger Bites

These burgers taste great! With this recipe you can make eight mini burgers or four big burgers for really hungry family and friends! Try serving them in dinner rolls or pita pockets for a change, with a fresh green salad. Don't forget the ketchup!

You will need . . .



Serve your burgers with any of the following to make them extra tasty:



Cook's tools



1 Peel the onion and *chop* finely using a sharp knife. Transfer to a large mixing bowl.



2 Add ground beef, egg yolk, breadcrumbs, mustard, Worcester sauce, salt, and pepper. Mix well.





3 Heat up grill. Divide mixture into either four or eight. Roll into balls and flatten with a fork.



4 Lift your burgers onto grill pan of your stove or outdoor grill with a spatula or pancake turner.



5 Cook each side for five to ten minutes, or until firm and brown. Larger burgers will take longer.

Burgers are brilliant!

You could serve homemade salsa with your burgers (see page 40)

For a spicy burger, stir a few drops of chili sauce into mayonnaise or ketchup

Barbie says:

No buns? Try shaping the mixture into sausage shapes around wooden skewers and grilling.





Dippy Chicken

Here's a fun and different way to eat chicken that the whole family will love, and there's a tasty peanut dip to serve, too! In the summer you could cook these on the barbecue for that extra special grilled flavor!

For 12 you will need . . .

For the marinade:



3 chicken breasts



1 tablespoon soy sauce



2 tablespoons honey



1 teaspoon mustard



1 tablespoon yogurt

For the peanut dip:



2 tablespoons peanut butter



2 tablespoons brown sugar



1 tablespoon soy sauce

2 tablespoons warm water



Cook's tools



Large mixing bowl



Small saucepan



Tablespoon



Wooden skewers



Chopping board



Sharp knife



Wooden spoon

Barbie says:
Soak wooden skewers in water for an hour before using them to keep them from burning on the grill.



Finger Lickin' Chicken!

Serve your peanut dip in a pretty dish or saucer.



1 Using a sharp knife, carefully cut each chicken breast into four strips lengthwise (or more if they are large).



2 Measure the marinade ingredients into a large bowl and mix together well using a metal spoon.



3 Drop the chicken into the marinade and stir until each piece is well coated. Cover and refrigerate for one hour.

For a tangier taste, try adding a little garlic, ginger or chili sauce to the peanut dip!



4 Preheat grill. Thread chicken loosely onto skewers. Grill on top of stove or outdoor grill for five minutes, turning once.



5 Now make the peanut sauce. Put all the ingredients in pan on a low heat. Stir until well-mixed and warm.

Wooden skewers are sharp – always slide your Dippy Chicken off the skewer before you eat it.



Perfect Pasta!

Do you have a passion for pasta? Try my two favorite sauces — Tangy Tomato and Perfect Pesto. They're easy to make, delicious to eat, and look so sophisticated!

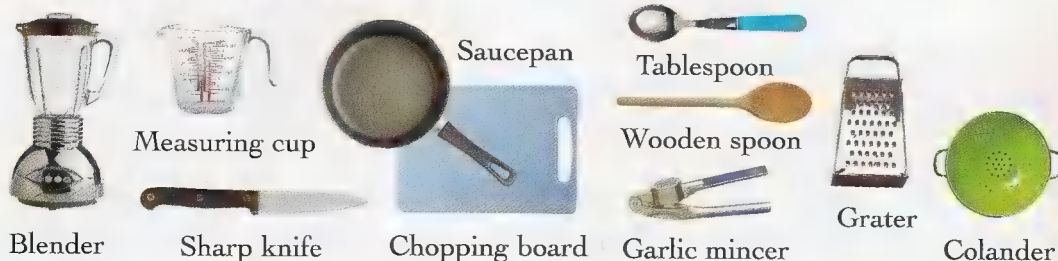
For 4 people you will need . . .



For Perfect Pesto Sauce:



Cook's tools



To cook pasta or spaghetti:



1 Boil a large pan of water. Add salt and olive oil. Drop in pasta (if using spaghetti, push down with a spoon until it softens).



2 Cook according to instructions on the package, then taste a piece to see if it is done. Strain through a colander.

For Tangy Tomato Sauce:



For Perfect Pesto Sauce:



1 Put the garlic, basil leaves, pine nuts, and Parmesan cheese into a blender. You could also use a mortar and pestle.



2 Blend or pound until smooth, pouring the oil in gradually as you go.

For Tangy Tomato Sauce:



1 Heat the olive oil in a pan. Add onion, garlic, carrot, and celery. Cook for five minutes or until soft.

Pretty Pasta Colors!



2 Add tomatoes, purée, and water. Simmer for about 45 minutes, stirring every now and again.

Spaghetti or other ribbon pasta works well with either of the sauces

Mix the pesto into pasta just before serving

Barbie says:

To make your tomato sauce even more tasty you could add olives, capers, pepperoni, or a little chili sauce.



3 By now the sauce should be thick. Taste and add a little salt and pepper if you like.

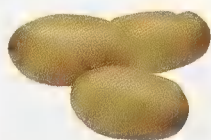




Stuffed Baked Potatoes

Here's how to make an easy and delicious meal out of a potato! Baking them takes a long time so you'll have plenty of time to choose which tasty filling to put inside. Baked potatoes are good for you, too, but try to eat all the crunchy skin and don't add too much butter!

For 3 stuffed potatoes you will need . . .



3 large potatoes



1 tablespoon olive oil



Salt

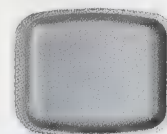
Cook's tools



Small mixing bowl



Sharp knife



Baking tin



Fork



Tablespoon



Chopping board

For Cheesy Bean Filling you will need (per potato):



3 tablespoons baked beans, heated



2 tablespoons Cheddar cheese, grated



A few drops of Worcestershire or chili sauce



Salt and pepper

Sprinkle extra cheese on top!

For Tasty Tuna Filling you will need (per potato):



2 tablespoons canned tuna fish



1 tablespoon canned corn



1 tablespoon mayonnaise



Salt and pepper

For Pepper Punch Crunch Filling you will need (per potato):



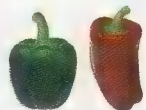
3 tablespoons cottage cheese



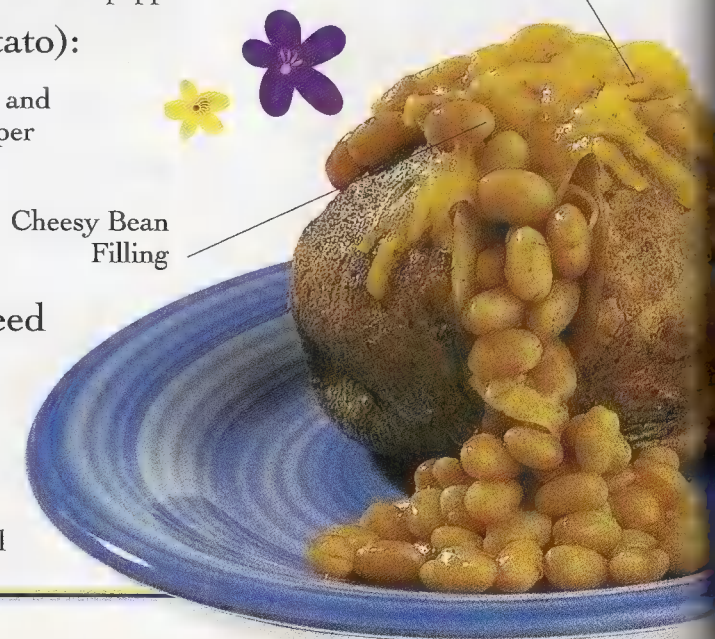
Salt and pepper



1 tablespoon raisins



½ a green and red pepper, *chopped* small





1 Preheat the oven. Wash potatoes under running water. With a fork, prick each one several times.



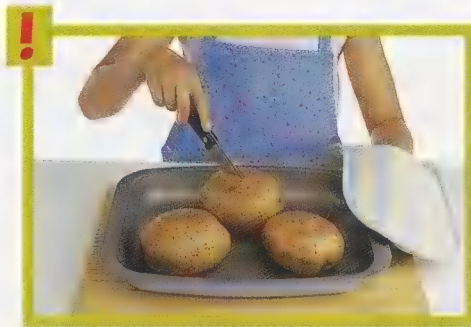
2 Roll potatoes in olive oil on a baking pan. Sprinkle with salt and bake for 1 – 1½ hours.



3 Now make the filling. Simply mix all the ingredients together in a bowl and season. Chill.

Barbie says:

Take care when eating your baked potato. It's going to be Hot-Hot-Hot!



4 After one hour, test your potatoes. A sharp knife should slide in easily if they are done.



5 Using a sharp knife, make a cross in the top of each potato, and spoon in your filling!

For a special treat, put a little butter into your potato before the filling!

Pepper Punch
Crunch Filling

*Which is your
favorite filling?*

Tasty Tuna
Filling



Nacho Nibbles

Having a sleepover is lots of fun, especially with a plate of Nacho Nibbles to share. There are so many things you can add to the recipe; they will taste deliciously different each time you make them — the only problem will be making enough for everyone!

For 2 to 4 people you will need . . .



Large bag of tortilla chips



2 tablespoons Cheddar cheese, grated

For the salsa:



1 small red onion, *chopped* finely



½ a 14 oz/ 400 g can tomatoes, sieved and *chopped*



1 teaspoon sugar

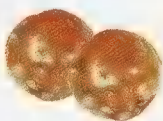


Salt and pepper

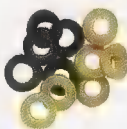


Pinch of chili powder (optional)

You could add any of the following toppings if you like:



Pepperoni slices



Olive slices



Pieces of green pepper



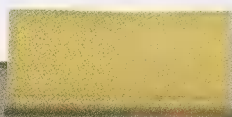
Cook's tools



Tablespoon



Baking sheet



Wax paper



Chopping board



Small mixing bowl



Grater



Fork



Sharp knife



Scissors



Teaspoon

First make the salsa:



1 Preheat the oven. Put the tomatoes in a small bowl. Add the chopped onion and mix well.



2 Stir in the sugar, salt, pepper, and chili (if using). Mix everything together well and taste.

Now put everything together:



3 Now empty the bag of tortilla chips onto a baking sheet lined with wax paper and spread out.

It's fun
to
Share!

Barbie says:

You could serve your Nacho Nibbles with side dishes of guacamole or sour cream!



4 Spoon tomato salsa over chips, followed by any extra toppings you want to use.



5 Sprinkle the cheese on top and put in oven for five minutes, or until cheese has just melted.

Don't leave your Nacho Nibbles in the oven for too long or they will be too hot to eat!

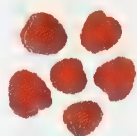




Super Sundaes

The cool thing about sundaes is that you can make them with almost anything that's sweet and delicious. Surprise your friends with a sundae of their favorite fruits, cookies, or ice cream. Here are my favorite combinations for you to try. Which one do you like best?

For a Fruity Sundae you will need . . .



2 tablespoons
raspberries or strawberries



2 tablespoons
chopped pineapple



2 tablespoons
blueberries



½ a kiwi
fruit, sliced



2 tablespoons
vanilla yogurt



2 scoops
strawberry
or raspberry
ice cream



Colored
sprinkles

A crisp wafer
fan makes a
classy addition
to any sundae.

For a Chocolate Sundae you will need . . .



2 scoops chocolate
ice cream



2 tablespoons mini
marshmallows



1 small banana,
sliced



Handful of
mini cookies,
or broken up
big ones



1 tablespoon
semisweet
chocolate, grated



1 tablespoon
toffee sauce

Cook's tools



Sharp knife



Tablespoon



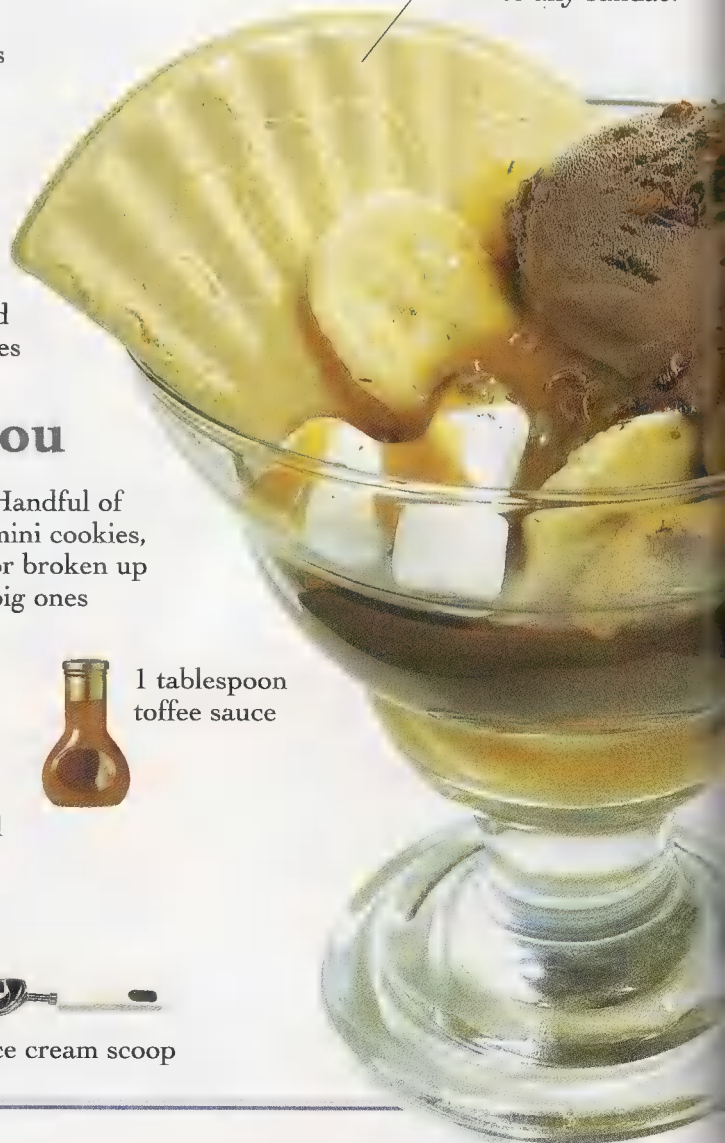
Chopping board



Sundae glass



Ice cream scoop



I wish it was sundae every day!

This pink icing flower makes my Fruity Sundae even more tempting.



1 First prepare your ingredients, then layer them in a pretty glass.



2 For a striking sundae, separate different colors and textures.



3 Top with a layer of ice cream or yogurt and decorate beautifully. Serve immediately!

A pretty glass is essential for a stylish sundae!

Barbie says:

Spoon some whipped cream on the top of your sundae for an extra special treat!



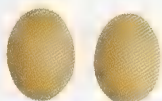
Best-ever Brownies

Here's a great idea for a sleepover treat! Brownies are easy to make and are delicious as a bedtime snack, with a glass of milk or juice. You could try adding pecans or walnuts instead of almonds — and white chocolate brownies taste really yummy, too. One is never enough!

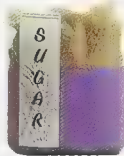
To make about 15 brownies, you will need . . .



4 oz/100 g butter or margarine



2 eggs, *beaten*



1 cup/200 g brown sugar



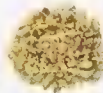
2 oz/50 g bittersweet chocolate



1 teaspoon baking powder



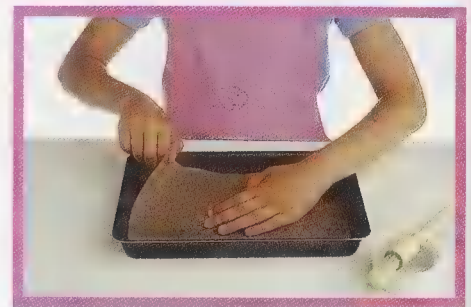
3 oz/75 g all-purpose flour, *sifted*



4 oz/100 g *chopped* almonds



Pinch of salt



1 Preheat oven. Grease pan well. Draw around base on wax paper. Cut out and place in bottom of pan.

Cook's tools



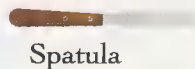
Medium saucepan



Wire cooling rack



Large ovenproof bowl



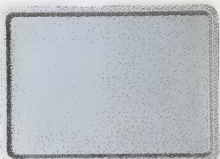
Spatula



Fork



Small mixing bowl



10 x 6 inch (25 x 15 cm) shallow rectangular cake pan



Wooden spoon



Pencil



Sieve



Wax paper



2 Break chocolate into ovenproof bowl and melt with butter over a pan of *simmering* water.



3 Take bowl off the heat and add all the other ingredients. *Beat* well with a wooden spoon.



4 Pour the mixture into the lined cake pan and bake for 30 minutes or until firm to the touch.

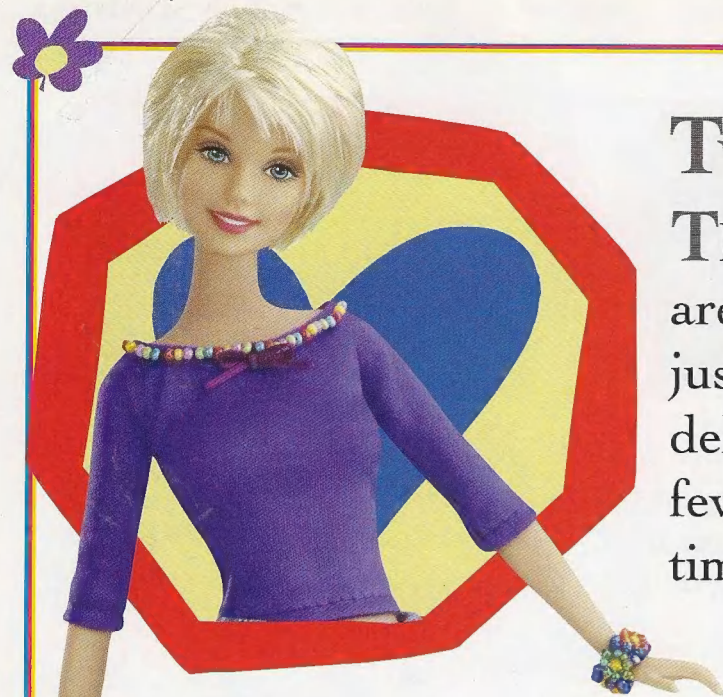


5 Let brownies cool in pan before cutting into squares and transferring to a wire rack until cold.

Barbie says:
When you are melting the chocolate, try not to let the bowl touch the *simmering* water!

Brownies before bed!





Two Minute Treats!

These are the perfect treats if you are in a hurry, or are so hungry you just can't wait to dig into something delicious! Each recipe takes just a few minutes to prepare and even less time to eat!

Munch Mix

The perfect, healthy snack – great after school or while watching TV! Mix together two tablespoons of at least three of the following: nuts, sunflower seeds, raisins, dried fruit, or coconut.



Popcorn Perfection

For a sweet sensation, melt a tablespoon of maple syrup and pour it over a bowl of popped corn. Sprinkle with a little cinnamon and eat right away, while it's still warm!



Banana Booster Energy Sandwich

Feeling tired? Try this! Spread a piece of whole wheat bread with peanut butter and top with a sliced banana and another slice of bread.

Salad Snack Stop

Try this pretty mixture of flavors for a healthy snack! Combine shavings of Swiss cheese with seedless grapes, nuts, celery, and salad greens.



Ants on a Log

Now's this for a creamy crunch with crunch! Cut a piece of celery into 1/2 inch pieces. Fill hollow with cream cheese and sprinkle with raisins.



Fruity Floaters

For a delicious snack, make some pretty Fruity Floaters and sail away! Cut an apple into eight 1/2 inch pieces and remove the core. Make triangles from the pieces and fix them to the apple with toothpicks!



Creamy Dreams



Make hot chocolate according to package instructions. Top with hot frothy milk (use an electric hand mixer), or whipped cream, grated chocolate, and marshmallows.

Creamy Dreams taste great with chopped nuts, and ice cream, too!

Fruity Fantasy

For four Fruity Fantasies, *blend* or use a fork to combine 10oz raspberries, one teaspoon lemon juice, 2 tablespoons sugar, 1/2 cup heavy cream, and 5oz fromage fraise or sour cream. Serve in pretty dishes and decorate. Blackberry or Strawberry Fantasies taste great, too!



A Delicious Dip

Serve warm tortilla chips or colorful, crunchy vegetables with this: Mix three tablespoons sour cream with two tablespoons grated cheese and one tablespoon salsa (homemade, page 40, or from a jar). You could add lots of things to the sour cream and cheese mixture instead of salsa. Try a tablespoon of pesto (homemade, page 36, or from a jar) for a pretty, herby green dip.



Barbie's Picture Helper

Sometimes recipes contain words or instructions that you might not understand. I hope this picture guide will help you with some of them.



Blending Mixing ingredients together in a blender until smooth. Don't overfill the container; always make sure the lid is on firmly, and ask an adult to help you!



Chopping Cutting into small pieces. For onions, peel and cut in half width-ways. With the flat side down on the board, make downward cuts. Now turn and make cuts at right angles.



Rubbing in Mixing butter or margarine into flour using just your fingertips (the coolest part of your hands) until the mixture looks like fine breadcrumbs.



Boiling Cooking something in water that is boiling (bubbling fiercely).
Simmering Cooking something liquid over a low heat so it is bubbling gently, but not boiling.



Beating Stirring something really hard until it is smooth. Beat cake or cookie mixture with a wooden spoon and beat eggs with a fork.



Sifting Shaking flour or powdered sugar through a sieve to get rid of lumps and make it light and airy. Use a wooden spoon to help you.





Barbie

Fun to Cook



Treat your best friend to a beautiful
Barbie birthday cake or a cool sundae!

Help out at home and impress your family
with Perfect Pasta or some Dippy Chicken!

Not much time? Try a Two Minute Treat!

Inside find recipes for all of
Barbie's favorite foods.

Simple step-by-step
photographs show young
chefs how it's done, and
each delicious and
nutritious recipe features
a helpful tip from Barbie!



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